

01

Define your boundaries

Spring cleaning can take whatever time you give it. Start by deciding how much time that will be and what you **WILL NOT** be doing..





Start by taking care of safety and wellness



From smoke/CO2 detectors to furnace filters and bedding to the fridge, some tasks should be non-negotiable if it's been more than a year



Identify your MVTs

Most Valuable Tasks are those with significantly greater value than the time to complete. You decide what has 'value' but use time wisely..



04

Check off your 'that really bugs me' tasks

Is there something that just really bugs you but takes some time? Organizing the garage or the storage room? Take this chance to get it done.

www.livinglifeourway.com